



Nostalgia, Wine, Cake & Biblical Herbs
One Day Sample Itinerary

Welcome to Gahanna – the Herb Capital of Ohio! Chart your group adventure along our one-of-a-kind Herbal Trail, featuring dozens of experiences that immerse visitors in the health, culinary and wellness benefits of herbs! To book this adventure or learn about our other many Herbal Trail experiences, contact Mary Szymkowiak at the Gahanna OH Convention & Visitors Bureau. (614/418-9114 MSzymko@VisitGahanna.com).

9-10:30 am Herbs of the Bible.

This lecture explores the biblical roots of herbal usage. We will discuss the historic and cultural uses of herbs from biblical times, and how these uses have been passed down to the present day. We will look at types of plants, their use in ritual, food and symbolism, and discuss herbs in relation to the life of Christ. Come deepen your spiritual understanding of all things herbal! \$75 / speaker fee.

11-1 pm Lunch:

Your group's lunch destination offers a location between the runways of the Port Columbus Airport, with a dramatic view of the arriving and departing air traffic! The old country 1917 French Farmhouse-inspired setting at **94 Aero Squadron** (which has been a beloved central Ohio favorite for 30 years) is full of military memorabilia and aviation relics depicting the times of the WWI and WWII era. The interior of the restaurant is cozy and romantic with huge stone fireplaces, wood paneling, and beamed ceilings. Your lunch buffet includes salad, entrée, side dishes, rolls & butter and dessert. Economical meal/pricing options.

Speaker During Lunch:

On the Road Again: Crafting Nostalgic Art

Where do old license plates go? For Floyd Appleman, that “trash” is his treasure! Floyd is a Gahanna artist who combines creativity and nostalgia to create one-of-a-kind pieces of art from old license plates. His materials have traveled across the country, logging untold miles ... and they have stories to tell. Inspired by a crafting mom and a classic car-loving dad, Floyd's work has been featured in *Country Living* magazine and purchased by international buyers as far as England and Norway. Among his favorite themes are planes (he's a World War II aviation buff), the state of Ohio, Animals, Positive Quotes and more. \$75/speaker fee

1:30-3:30 pm Let Them Eat Wine Cake

You've never had dessert like this before! Tour Wyandotte Winery and sample a tantalizing trio of signature wine cakes! Sample the Chocolate Port, the Venetian Wine Cake and Sweet Blackberry Wine Cake, along with a glass of wine! Allow 2 hours for tour and dessert! \$12/pp

4-5 pm Tour an Ecological Refuge

Experience the peaceful serenity of an ecological ministry and private refuge run by the Dominican Sisters of Peace. This 160-acre natural oasis offers a fascinating educational experience, a haven for wildlife and native flora, and spiritual refreshment. Visit the 100+ year old barn, meet Fernando the Llama, walk the Labrynth or relax along the Meditation Trail. \$5/pp. Involves considerable walking.

To book this itinerary or for more information about Gahanna, Ohio, contact Mary Szymkowiak at the Gahanna OH Convention & Visitors Bureau at 614/418-9114 or MSzymko@visitgahanna.com