

visitgahanna



Girls Day Out Along Gahanna, Ohio's Herbal Trail: One-Day Sample Itinerary

Welcome to Gahanna – the Herb Capital of Ohio! Spend a day discovering our one-of-a-kind attractions and experiencing the health, culinary and wellness benefits of herbs! To book this adventure or learn about our other many Herbal Trail experiences, contact Mary Szymkowiak at the Gahanna OH Convention & Visitors Bureau. (614/418-9114 MSzymko@VisitGahanna.com).



Morning 10:45am-12:45pm Herbal Paradise Tour and Lunch. Tour a 65-acre certified organic farm (run by the “Willy Wonka” of farmers) that produces 100+ varieties of herbs AND supplies many of Central Ohio’s top chefs! Become inspired by the unique varieties of plants, companion plantings and breathtakingly beautiful flower gardens. Then dine in the beautifully renovated, historic barn (decorated with thousands of tiny white lights & fresh flowers)— the site of many weddings and private events! Enjoy a light direct-from-the-farm lunch with a customized seasonal menu. \$28/pp includes tour & lunch. Minimum: 25. Walking required.



1:15-3:15 pm Rest and Relax the Herbal Way! Local herbalists (from the Ohio Herb Education Center) and botanical experts (from Honey Grove Botanicals) will treat you to a relaxing afternoon filled with treats for the senses, inspiring gifts and techniques to take with you! Start at Gahanna’s famous *Geroux Garden*—named for the woman who single-handedly helped the city become the “Herb Capital of Ohio!” Enjoy a private tour of the garden with its scented culinary, spiritual and medicinal gardens, learning to identify and garden with herbs. Next, create your own Herbal Bouquet, Bath Tea/ Aromatherapy Sachet AND pick up an herbal Facial-To-Go Kit to complete at home. Additionally, you’ll receive free “kitchen cosmetics” recipe handouts that include common ingredients that can be found at the grocery. Then move on to a relaxing chair yoga class where your certified yoga teacher will instruct through a sequence of poses that can help you stretch and relax your body. \$17/per person (50% deposit required 30 days in advance. Final count needed 48-hours in advance. Cancellation required 48 hours in advance for full refund.) Minimum: 30.

3:30-5 pm Shop the “Rodeo Drive of the Midwest!”

USA Today dubbed Easton Town Center the “Rodeo Drive of the Midwest!” Anchored by Nordstrom and Macy’s, the upscale shopping Mecca boasts more than 200 specialty stores, restaurants and entertainment options. A little time spent shopping this upscale destination provides the best kind of retail therapy! (*Coupon booklets available from Easton Town Center for groups visiting from 50+ miles away.*)

To book this itinerary or for more information about Gahanna, Ohio, go to VisitGahanna.com or call 614/418-9114